

NAME; ADEKANBI ELIZABETH

TOPIC; GENERATION RESTORATION; SHAPING OUR FUTURE

Generation restoration it's a call to action for young people to actively participate in reversing environmental degradation and building a healthier planet for a future. It also emphasizes on the importance of individuals taken responsibility for their impact in the environment and contributing to solutions and not being a problem.

In many parts of the world, people are already facing the effects of a damage environment. In 2022, heatwaves in Europe caused rivers to dry up. In Asia, plastic waste filled rivers, harming fish and spreading disease. In Africa, famers are losing crops because of drought and flooding. These are signs that our planet is suffering.

Climate change, plastic pollution, and loss of plants and animals are global problems. Ice is melting in the Artic, sea levels are rising, and forests are disappearing. Animals like elephants, bees, and turtles are becoming fewer each year. These change affect our food, water and health. But we are not helpless. Generation restoration means that this generation you and I must help heal the earth. We can all do simple things that makes a big impact. For example; in India, schools plant trees every year to help clean the air. In Kenya, young people clean beaches and recycle plastic. In Canada, families reduce food waste by buying only what they need. In Nigeria, communities are learning to turn waste into useful products.

These actions may seem small, but together they bring real change. Just like people around the world are doing their part, we must also act. Whether it's picking up plastic, or using less electricity. We are shaping our future, if we restore nature, nature will restore us.