

A nursing student out there is caring intently for the climate. That student is not me. I hope this essay helps me find a balance in the way I react to climate change. I hope this climate journey becomes a series I readily remember.

Using the theme Generation Restoration: Shaping our Future!, I've come up with two practical climate solutions.

First, the use of coloured bins. Working and studying in the healthcare sector has led me to believe in their effectiveness. Not to mention its importance in the recycling process.

My final point revolves around the use of nylons. Though nylons are useful, they are one of the most common forms of waste. It is worth noting that in Nigeria, it is common to demand nylons for even the smallest purchases. This is an outdated practice. I say, let's reduce the stigma around carrying our goods nylon-free and adopt the use of reusable nylon bags.

As a proud member of this generation, I now strongly believe that climate change is not an issue that can be addressed in one sitting. But with small efforts, we can shape our future, one less nylon and one more coloured bin at a time.